## Gold Medalist Wendy Boglioli - March 16, 2022

https://olympics.com/en/athletes/wendy-lansbach-boglioli

Olympic Gold, National Motivational Speaker, Healthy Aging Advocate, Long Term Care Issues, Retirement, Women and Finance - As a certified Long Term Care agent, Wendy advises clients on the latest ways to plan for extended care.



## A Sammamish resident through 2016, Wendy now lives in Florida. Isn't zoom wonderful!

At age 20 in 1976, Wendy competed in the Montreal Olympics where she won both a bronze medal and a gold medal. (<a href="https://www.youtube.com/watch?v=5GipVOuPG50">https://www.youtube.com/watch?v=5GipVOuPG50</a>)

<u>Background</u> (https://www.usaswimming.org/news/2018/09/06/wendy-boglioli-continues-to-live----and-talk-about----her-olympic-dream):

As a youngster, Wendy Boglioli was coached by both of her parents in the pool. She learned to swim at 4, and by 5-years-old, she was swimming in the Copper River near her family home in Land O' Lakes, Wis., tethered by a clothesline tied around her waist to keep her safe.

Her dad was the nurturing, consoling one, but it was her mom, a former swimmer herself, who was the "task master" – challenging her to work harder, perfect her stroke, strive for more, and ultimately go for the gold. "A lot of the time when parents coach their kids, it's the father who is the demanding one, but that wasn't the case with my parents," she said.

It worked. Boglioli swam to a spot on the 1976 Olympic team and competed for the United States in Montreal.

## From her LinkedIn (https://www.linkedin.com/in/wendy-boglioli-b140a013/):

Wendy Boglioli brings her riveting Olympic story, professional versatility and captivating insight to audiences and clients across the country. A national long term care spokesperson and healthy aging advocate, Wendy's enthusiasm, knowledge, and ease leave audiences thirsty for more. Her message encourages everyone to take a holistic approach to their financial and physical outlook while her riveting personal and Olympic story resonates and persuades.

Wendy is best remembered for her role in the 1976 Olympic Games when she and fellow women swimmers were heavy underdogs to the systemically-doped East German team. Earning a bronze medal in the 100M Butterfly, she and her 4x100M American Freestyle Relay teammates took to the blocks one last time in the culminating event. In what proved to be one of the 'greatest swimming upsets' of all time (Swimming World Magazine), Wendy and her teammates defeated their competitors in a David & Goliath showdown, earning Team USA's only gold.

In 2016, NBC and USA Swimming featured Wendy and her relay teammates in a new documentary, <u>The Last Gold</u>, narrated by Julianna Margulies (The Good Wife). It can be seen on Amazon.